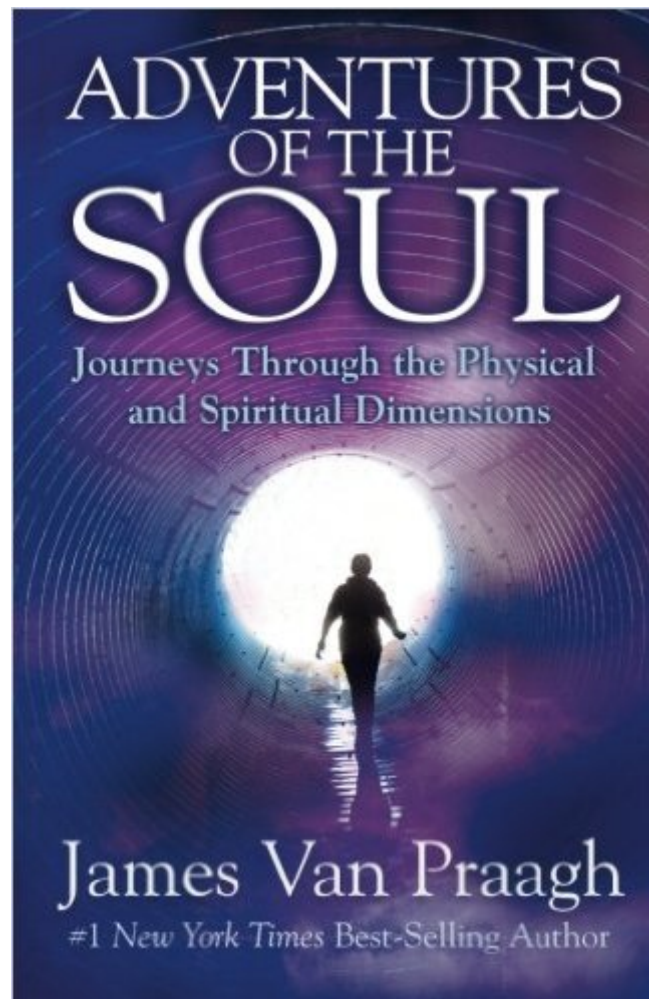


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# Adventures Of The Soul: Journeys Through The Physical And Spiritual Dimensions



## Synopsis

Adventures of the Soul is a manual for anyone who has ever questioned where they come from, why they are here, and where they go after they die. Sharing his intuitive experiences of communicating with the Spirit World for the past 30 years, internationally renowned medium James Van Praagh takes you on a spiritual sojourn to discover the unique design of your very own soul and explore its various adventures as it travels between worlds. You'll learn to open up your mind to your soul's unbounded wisdom and gain a bigger perspective of life and a better grasp of your significant part in it. This book will further assist you in understanding and recognizing various soul lessons you came back to Earth to learn, such as sorrow, forgiveness, grief, love, and joy. By utilizing this knowledge, you will come to identify your soul's intricacies and start to live a life that truly fulfills your soul's destiny: following the path to love. This is one journey that will force you to look at life and death in a completely different light!

## Book Information

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## Customer Reviews

Wow, where do I begin? This book has such good buzz that I brought out my yellow marker to highlight passages that I might enjoy. I killed my highlighter. Honestly - it ran out; I had to get a new one. I just finished the book and I am literally going to start it again. It felt like James was sitting down talking to me; the prose is that good. There is so much information in the book but it is told in such a strait-forward, friendly way that I feel like I know James personally. It reinforces so much of what I personally think about spirituality that to have that confirmation is like being wrapped in a soul blanket. I read a lot of spiritual books and this one has skyrocketed to the top 5 of my all time

favorites. OK, enough gushing - I just want to go back and read it again. Highly recommended.

James Van Praagh's latest book, *Adventures of the Soul* is described as a manual for anyone who has ever questioned where they come from, why they are here, and where they go after they die. By incorporating his thirty-plus years of experience interacting with souls on the other side, he expertly succeeds in answering quite a few of those questions. When I received *Adventures of the Soul* from Hay House Publishing for review, I needed several days to read and also contemplate the teachings of this amazing book. One of my favorite parts was chapter four "Death: The Doorway Home." The section in the chapter where the author discusses the death and afterlife messages from self-help author and coach, Debbie Ford nearly took the wind out of me. The entire book is filled with a palpable energy "the kind that reverberates deep within the souls of those who consider themselves seekers. I completely resonated with the truth of the teachings in *Adventures of the Soul*, which the author delivered with refreshing honesty and heartfelt compassion. Plus, he has a delightful sense of humor that makes the reader feel safe and at ease, considering the seriousness of the content he's presenting. So if you're looking for a book that discusses the topics of life-after-death, the soul, consciousness, reincarnation and the like, without all the dogma or fear-inducing drama attached, then this is the book to read.

"You don't have a soul. You are a soul. You have a body." ~ C.S.

Lewis It's no secret that James Van Praagh is a maverick in the field of mediumship "connecting us with loved ones who've crossed over." Van Praagh has written a seriously contemplative book called, *Adventures of the Soul: Journeys Through the Physical and Spiritual Dimensions*. He doesn't make this stuff up; it was a gift he was given. His life's work is to help others seek spiritual knowledge within themselves, and by doing so, he makes our physical lives more meaningful. Van Praagh says that if we understand more about transitioning out of this life into the next, it all becomes easier to accept death. A lot of what Van Praagh shares in this latest book is validated by tons of research done on near death experiences, deathbed visions, after death communication and all things of spirit. The book, *Adventures of the Soul*, gets to the nitty-gritty of how we need to journey to the center of our soul to find our true soul purpose in this lifetime. This spirit filled book invites us to reflect on our current soul's path. Van Praagh shares that if we are closed-minded, intolerant of others, unloving, hateful or judgmental, that's probably what we'll face about ourselves when we pass into the world of spirit. An eye-opener I had never

given much thought to was when Van Praagh speaks about the spirit side of life. He says there is a telepathic "knowing" of our upcoming return. This book is full of great end of life stories and the experiences Van Praagh continues to have today sharing spirit messages with those long gone. When I face those pearly gates and reach out to those who've gone before me, I'll have Van Praagh to thank for nudging me a little bit closer to finding my own spirit within. (I was not financially compensated for this post. I received the book from Hay House for review purposes. The opinions are completely my own based on my experience. I am a Linkshare affiliate.)

Do you sit and wonder why you're here? All the questions you always had about your soul, its journey, and reincarnation. All your deepest questions you were afraid to ask are finally answered in *Adventures Of The Soul* by James Van Praagh. *Adventures Of The Soul* is a how to and a true manual. James puts his 30 years of medium experience to answer your question regarding your soul's journey. James explains why you need to raise your consciousness and energy. He also tells you why you need to watch your thoughts. That Laws of Attractions are always in motion. James Van Praagh takes you through near death experience, out-of-body experiences, astral projections and remote viewings and explains them. There is so much documentation on these subjects. He does a great job explaining the spirit realms. Our souls are full of joy at home. *Adventures Of The Soul* gives you everything you need to live in the here and now. Learn how relationships are part of your soul groups plan. It is an easy book to read that will bring you knowledge to assist your soul's journey while answering those deep burning questions of why you are here. I hope you enjoy this book brings you as many answers as it did for me. I was not financially compensated for this post. I received the book from Hay House for review purposes. The opinions are completely my own based on my experience.

I have read all of James Van Praagh's books and this is one that is distinctly different from the rest. It is so mindful and educational. It truly is a manual for your soul. I recommend it highly, and I plan to re-read it from time to time to remember all the insights and teachings. Bravo!

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